

This listing of claims will replace the originally filed claims in the application.

Listing of Claims

1. (Currently Amended) A striking target device comprising:

a target body with a generally planar striking surface with a main striking area and at least one pivot striking area;

a base; and

a pivot mechanism for pivotally mounting the target body on the base such that the striking area remains fixed on a first plane when struck in the main striking area, but pivots on an axis to a different fixed plane when struck in the pivot striking area,

wherein the pivot mechanism includes a cam edge of the base, a cam follower of the target body, and a tension means for biasing the cam edge against the cam follower, allowing the target body to pivot about the axis such that striking surface pivots to a different fixed striking plane when struck in the pivot striking area.

Claims 2-4: (Cancelled)

5. (Previously Amended) The striking target device of claim 1 wherein the main striking area is located substantially on the axis, and the pivot striking area extends outwardly from the axis.

Claims 6-13: (Cancelled)

14. (Currently Amended) A method for strike training, the method comprising the steps

of:

providing a striking target device comprising:

a target body with a generally planar striking surface with a main striking area and at least one pivot striking area;

a base; and

a pivot mechanism for pivotally mounting the target body on the base such that the striking area remains on a first plane when struck in the main striking area, but pivots on an axis to a different plane when struck in the pivot striking area,

wherein the pivot mechanism includes a cam edge of the base, a cam follower of the target body, and a tension means for biasing the cam edge against the cam follower, allowing the target body to pivot about the axis such that striking surface pivots to a different fixed striking plane when struck in the pivot striking area;

positioning the striking target device at a desired height;

striking the striking target device in the main striking area, the strike leaving the target body in the first plane; and

striking the striking target device in the pivot striking area, thereby indexing the target body from the first plane to the second plane.